

# THE SENIOR CENTER BROADCASTER

## FROM THE DIRECTOR'S DESK:

**YIPPEEE! Hip Hip Hooray!**



### BUILDING COMMITTEE IS PLEASED TO REPORT:

The Center is officially under contract to purchase the Church in Strinestown at 5675 Susquehanna Trail, Manchester, 17345. The closing date is slated for early September 2023! It will take some time to actually renovate & relocate but this is HUGE & wonderful news. It has been a long time coming for the Members & Staff who have been fundraising and donating for 20+ years to our building fund. There is still more work to do and all contributions to the Building Fund are very much appreciated.

Thanks again to *YOU* & our community for your patience and support as we work over the next several months making this dream come true!



NORTHEASTERN SENIOR  
COMMUNITY CENTER

### GIFT CARD



### WOW! What An Amazing Success!

It was another record breaking event for 2023! We made **\$14,510.28** from our Gift Card Bingo. See page 6 for special Thank Yous.

### INSIDE THIS ISSUE

Activities.....	2
LIVE Music .....	3
Birthdays.....	4
Trips .....	5
Puzzle .....	6
April Menu .....	7

### CENTER UPDATES

#### BUILDING FUND:

Dorothy Mundis, Larry & Betty Miller, Anonymous Angels, and the Senior Center Jar, now totaling \$414,062.

#### GENERAL FUND DONATIONS:

Conewago Twp., Fairview Twp, Family Clothes Tree, Jerry Horst, Corrine Eichelberger, Anonymous, Dorothy Ferguson

#### ROYER'S FLOWER

**SALE:** \$90 profit, thank you Royer's Flowers & Board member, Kristen Wolfe

### HEALTH WELLNESS FAIR *Sponsored by Minnich's Pharmacy*

*Come join us on*

**Monday, September 18th  
9 am to 11 am**

Enjoy refreshments & Enter for a chance to win prizes  
Various Wellness Checks (*Blood Pressure, Sugar, etc.*)  
Visit with over 27+ Vendors & Organizations



### POPUK PRODUCE!



*Sponsored by the American Heart Association & WellSpan*

Triple A Dwarf Acres (Barb Ahrens) will be providing the produce for you to purchase fresh fruits & vegetables at a great price right here at NASSC.

#### Pop-Up Produce will be available the following Dates & Times:

7/13, 9am-11am	8/10, 9am-11am	9/7, 12-1pm	10/12, 12-1pm
7/27, 9am-11am	8/24, 9am-11am	9/21, 12-1pm	10/26, 12-1pm
			11/9, 9-11am

### R&K SUBS 2023 Monthly Sub Sales

Fresh subs (\$6.50) and pretzel sandwiches (\$5.50). Orders and Money due 2nd Wednesday of each month (before noon). Pickup is the following week, 3rd Wednesday (10am-1pm) Jan-Nov. If you wish to have a monthly order, please stop in or call the center for details. Thank you all for your support!

# MONTHLY ACTIVITIES

**PLEASE NOTE Haircuts & Massages:**

Must be @ Center between 10-10:30 and will be taken in the order you have signed up. No Show, you will be skipped or put at the end of the list. No Walk-Ins!

**Haircuts by Missy from Hair Talk.....**

**Dry Cut & Basic Style ONLY**  
1st Mondays @ 10am **Cost \$10**

**Chair Massages:** by Brenda Dettrey, LMT  
1st & 3rd Wednesdays **\$15 /15 mins**

**Paint with Holly.....**Painting w/Acrylics!  
Have fun socializing & creating fun art!  
(*\$ by Donation*) .....See Monthly Calendar for exact dates! @ 12:15

**Art Club.....** Mondays @ 12:15

**Card Games .....** Mon & Thurs @ 9am

**Socrates Café.....** 2nd Monday @ 10am  
Anne Vendy & Don Bruening Moderators

**Zumba Gold w/ Heather Cintron.....**  
Tuesdays @ 9am (*\$3/Class*)

**Gentle Yoga w/ Anna Wagner.....**  
Tuesdays @ 10am (*\$ by donation*)

**NEW - Just for Fun Country Line Dancing**  
w/Bonnie ..... Tuesdays @ 12:15

**Dance Yoga .....**Fridays @ 10am  
w/ Anna Wagner (*\$ by donation*)

**Brunch Bunch ....**2nd Tuesdays at various  
restaurants *reservations req.* @ 10am

**Free Blood Pressure Screenings.....**  
by Kara the 1st Wednesdays @ 9:30

**Free Sugar Checks & BP's .....**3rd Weds  
@ 9am by Barb Kuhn, RN

**R&K Sub Sales.....**  
**Orders Due:** 2nd Wednesday  
**Delivery:** 3rd Wednesday

**Bingo.....** Wednesdays @ 12:15  
Cost: *Bring as many DollarTree/\$1 gifts as you won the week before*

**Fitness Class w/ Steve Newport.....**  
Thursdays @ 10am  
@ Eagle Fire Co. (*\$3/Class*)

**"Chapel Time" .....** 3rd Thurs @ 9:30am  
with Pastor Mark Zortman of Otterbein Mt.  
Wolf @ 9:30am w/ Claire Jordan  
accompanying on piano

**Property Tax/Rent Rebate appts .....**  
@ 9am w/Espe of State Rep Joe D'Orsie

**Beltone @ Home...by Special Appt. Only!**  
MUST check with staff for scheduling  
Offers free services to clean/check/repair  
hearing aids as well as hearing tests

# ACTIVITIES You Don't Wanna Miss!



**JUST FOR FUN COUNTRY LINE DANCING**

..... Tuesdays @ 12:15  
**WITH OUR OWN Bonnie!** She wants you to know that while she is not a professional, she will be able to teach you the steps while having a great time!  
Come join the fun!



**JULY DATE CHANGE!**

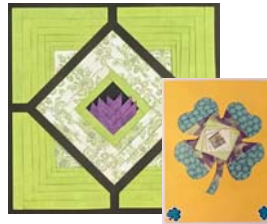
**HAIRCUTS by Missy .....** CANCELED.....7/3  
**RESCHEDULED TO .....** 7/10



**HOMEMADE FIXIN'S FRIDAYS!**

**Finally, an activity that brings people in on Fridays!** Good homemade food and we can't thank Barb enough! **July Dates: .....** 7/14 & 7/28  
It's too early to list all future dates and menus They are announced at the center each month!

**IRIS PAPER FOLDING CLASSES**



**1st Thursdays of each Month**  
**Reservations are required**

**Upcoming Dates!**  
July 6th, Aug. 3rd, Sept. 7th  
**Time: 9:00 am**  
**Cost: \$3 each class**

*Iris folding is a craft technique by arranging and layering strips of paper typically in a spiraled pattern that resembles the iris of a camera lens – that's how this craft got its name. Missy guides you using this technique to create beautiful hand made greeting cards & projects you can frame!*

\*\*\*\*\*  
**We are still accepting the following items:**

- ★ **Old eyeglasses** for the Susquehanna Lions Club
- ★ **Hearing aids/batteries** for Beltone @ Home
- ★ **4 ply yarn** used for: **Caps for Kids (NESD) & Lap Robes** (*nursing homes, HDM clients, & members in need*)

\*\*\*\*\*

**BRUNCH BUNCH DATES**

We meet the 2<sup>nd</sup> Tuesday of each month @ 10am (except 2x each year when they meet at 5pm with Melody) at various restaurants with escort, Margaret Miller.

★★ **Reservations Required** ★★

- Our Place 2936 E. Prospect Rd .....** 7/11
- Gus's Keystone Family Restaurant**  
1050 W Main St, Mount Joy ..... **8/8**
- Dallastown Family 2695 Queen St.....** **9/12**



**GOLFING @ ROYAL MANCHESTER**

**Fridays: 7/7, 8/4, 9/8, & 10/6**  
(*dates are always subject to change*)

**8:30 am Tee Time**

Cost: \$20 per person  
9 holes w/ cart

**Contact the Senior Center**





★NEW★ CLANN REDMOND ..... 8/28



**LIVE MUSIC ENTERTAINMENT**  
***EVERY WEDNESDAY MORNING***

Mark your calendars for your favorites!

- Bill Anderson & The Invisible Band**..... 7/5 @ 9:30
- Bob Reigh Trivia** .....7/12 @ 9:00
- JCM Band**.....7/12 @10:00
- Jerry Overby**.....7/19 @ 9:30
- Tall in the Saddle** ..... 7/26 @ 9:30
- Sunnyside Gang** ..... 8/2 @ 9:30
- Tom Shultz** .....8/9 @ 9:30
- Kirk Folk** ..... 8/16 @ 9:30
- Bill Anderson & The Invisible Band**.....8/23 @ 9:30
- ★★ **Clann Redmond - ★MONDAY★** ...8/28 @10:00
- Sweet Life Music** .....8/30 @ 9:30
- Hillbilly Heaven** ..... 9/6 @10:30
- Tony Heath** ..... 9/13 @ 9:30
- Bob Reigh Trivia** .....9/20 @ 9:00
- JCM Band**.....9/20 @10:00
- Jerry Overby**..... 9/27 @ 9:30

Hailing from York, PA, Clann Redmond plays Celtic music, with fast fingers and youthful exuberance. NASSC is honored to have this family join us and we hope to have them back next year in March for our St. Patrick's Day Celebration!

Tim is a singer-songwriter with a wide array of instruments and styles in his background. He is the primary singer of the group, the "drummer" of the band (*percussive style of rhythm guitar and his feet*) for his daughters, Alannah & Bridget.

Alannah plays the Fiddle, Whistle, Vocals, Bodhran, was the 2022 World Champion Qualifier on Fiddle and Pennywhistle! 2022 Bethlehem Celtic Classic Fiddle Champion!

Bridget plays the Concertina & Whistle, was the 1st Place Winner, 2022 Go Irish Dance International Songwriting Competition, Under 15!



**BLINDSIDED SOUP KITCHEN** @ Christ Lutheran Church 66 S. Main St. Manchester, PA  
**9am-Noon—Sundays**  
*(except Holiday Weekends, Mother's Day, & Father's Day)*  
Stop in for a Grab-'N-Go Bag Lunch, Groceries, & Laundry Detergent.

**ACTIVITIES ON OUR SCHEDULE!**

7/17 @ 10:30: **"The History of Lewisberry"** Glen Dunbar, *coordinator of the Lewisberry History Project*, will share interesting facts about this small borough. For example: The town with a population of about 200 persons was incorporated as Lewisberry Borough in 1832 and became the third oldest borough in York County. Now, it is the second oldest in the County as York Borough is now a city, for all you history buffs.

7/24 @ 10am: **Friendly Feud** w/Matthew Cleveland

7/25 **No Zumba Gold** w/Heather

7/27 **Belton** @ Home cleaning and small repairs of hearing aids by appointment

8/10 @ 9:30: **Price Is Right** Barbara Goll from Homeland @ Home

9/6 **What is a Power of Attorney (POA) and why do I need one? How do I choose a great POA agent? How do I avoid elder financial abuse?** Join Daniel Handley, Esq. from MidPenn Legal Services, a non-profit public interest law firm that provides high quality free civil legal services to low-income residents and survivors of domestic violence and sexual assault in 18 counties in Central Pennsylvania. Project SAFE, specifically, focuses on providing representation for low-income elderly and disabled individuals in either obtaining a POA or removing an agent who has exploited the resources of a principal.

9/18 @ 9-11am: **Health Wellness Fair** sponsored by Minnich's Pharmacy

9/25 @ 10am: **Bandstand Bingo** w/Matthew Cleveland

9/28 @ 9:30 **Nutrition for the Brain** presented by Barbara from Homeland at Home

# WELCOME NEWBIES!

## MEMBERS

Sandra Yeager                      Jody Zankl  
 John Mbwera                      Steve & Nancy Herbst  
 Maria Garver                      Brenda Albright  
 Ruth Peters                      Jim & Gwen Bainbridge

## A Warm WelcomeBack!

**Members:** Janet Julius, Brenda Markley,  
 Sharon Swartz & Sue Hare, Jim Vasold, &  
 Marjorie Pokopec-Gerhart

## Welcome NEW *HDM Volunteers:*

Beth Izzo

## Our Heartfelt Sympathy to Families & Friends of:

Esther Bollinger, Carolyn Bahn, Jerry Camalleri,  
 and Dave Yourell

## NEEDING OUR THOUGHTS & PRAYERS

Mike & Gloria Stewart

## NASSC STAFF

**Deb Davis**— Executive Director • **Missy Adams**—Assistant Director • **Holly Sarti**—Administrative Assistant  
**Kitchen & Activity Aides**—Connie Culley & Alicia Leiter • **Daily Volunteers**—Gloria Confer, Pat & Walt Haring



- 1 Don Bruening
- 2 Kristine Cousler-Womack
- 5 Jessie Schaffner

- 6 Dennis Hartman
- Emma Welsh
- 7 Darla Willis
- 8 Alan Naylor
- Marie Simko
- 9 Lillian Anspach
- 11 Peggy Krout
- Jane Markel
- 14 Marcia Dellinger
- Marilyn DiCola
- M. Chris Fisher
- 15 Ida Marie Linch

- 16 Romaine Miller
- Ruth Peters
- Ann Ross
- 19 Paul Shellenberger
- 20 Pat Kline
- 21 Jessie Baker
- Peg Pope
- Bill Weary
- 22 Tom Elhadj
- Diane Garbutt
- 23 Joan Ensminger

- 24 Sharon Beshore
- 25 Michelle Jennings
- Judy Strine
- 26 Sharon Richwine
- 27 Peg Lutz
- Brenda Shaffer
- 28 Barbara Taylor
- 29 Deborah Yoffee-Hengst
- 31 Betty Couch
- Lynda Klinedinst
- Barb Kuhn
- Tyrrell Stahle



- 1 Thelma Plowman
- Russ Whisler, Jr.
- 2 Darlene A Gamber
- 3 Nevin Brenneman
- 5 Lois Wesner

- 6 Sylvia Alleyne
- Maryann Gingerich
- John Pawelczyk
- 8 Dean Jamison
- Linda Shuman
- 9 Jim Garvin
- Ardell Kohr
- Ramona Krout
- 10 Bertha Bohle
- Joyce Heindel
- 11 Thomas Sipe
- 12 Timothy Deller

- 13 Larry Kauffman
- 14 Marta Dennis
- 15 Barbara Barton
- 17 Joanne Arnold
- Nancy Heinbaugh
- 18 Janet Julius
- 20 Jenny Pawelczyk
- Nevin Weirich
- 21 Bill Burger
- Faye Holtzinger
- 22 Gary Krebs
- 23 Leon Drawbaugh

- 24 Beth Izzo
- 25 Audrey Stone
- 26 Mary Ellen Smith
- 27 Sandy Bear
- Heather Cintron
- 27 Linda Drawbaugh
- 28 Carrie Hedrick
- 29 Perley Allen
- Joyce Basom
- Stan Gladfelter
- 30 Claire Moore
- Linda Whisler
- James Whorl



- 1 Deb Burger
- Audrey Dodson
- Jody Duncan
- Deb Elliott

- 2 Rita Sipe
- 6 Gloria Confer
- 7 Denise Eby
- 8 Tom Heiland
- 9 Brenda Albright
- 10 Anna Baer
- 11 Georgia Watson
- 12 Brenda Markley
- 13 Denise Kohr
- 14 Randy Hitz
- 16 Emelyn Blymire
- Kim Nitroy
- Al Reinecker
- Nancy Walker
- 17 JoAnn Kirkwood
- Carolyn McFeaters
- Kate Rogers
- 18 Marjorie Pokopec
- 19 Roger Herr
- 20 Dawn Almoney
- Daniel Hendrix

- 22 Pete Erdman
- Gene Heinbaugh
- 23 Tom Henchey
- 24 Nancy Herbst
- 25 Rose Ditzler
- Atlee Hoover
- Bernice McMann
- Jean Miller
- Mike Stewart

- 26 Connie Culley
- James Ditzler
- George Jamison
- Pat Prowell
- 27 Rich Brenner
- John Miller, III
- 28 Thomas Billet
- 29 Dick Humbert
- 30 Brian Bowman
- George Clark

## 2023 DINNER THEATER SHOWS

**\*\*\*You must be a member over 65 years old & registered with the Rabbit Bus.** Rabbit bus fares are always subject to fare increases that are not under our control. Costs include admission, tip, & Rabbit bus.



**DEPARTURE  
@ 10:15am  
Cost: \$80**

**Newsies—July 13<sup>th</sup>  
Margaritaville—October 5<sup>th</sup>**



**DEPARTURE  
@ 10am  
Cost: \$80  
Unless otherwise noted**

**The Home Game—August 15<sup>th</sup>  
Christmas Dinner—Nov. 7<sup>th</sup>**

**NORTHEASTERN SENIOR CENTER PRESENTS  
FIRDAY, SEPT. 8<sup>TH</sup> ... 9:30AM-1:00PM**

# CONCERT In The Park

In celebration of National Senior Center Month  
Our Showcase Day Highlight  
is our **Concert in the Park**  
featuring **The Generation Gap Band**



**Depart 9:00am, Return Approx 1:30pm**

- ★ Bagged lunch included
- ★ Concert by Donation
- ★ Local Food Trucks to Purchase Food & Treats!  
*Z&D Fries & Mr. Frosty*

**Come Join us @ Millcreek Park**  
Located at  
704 E. Canal Rd  
Dover, PA 17315

### **HISTORIC PROSPECT HILL CEMETERY TOUR: FRIDAY, JULY 21ST**

**Depart 8:15am, Return Approx 1:00pm**

Lunch is on your own at Central Family Restaurant, transportation cost of trip \$10 (Includes Rabbit bus & bagged dinner) Event by donation!

The tram is a covered, but open air, rain or shine, so dress for the weather. Highlights include many notable persons, Victorian Symbolism, the Court of Valor, the Safe Keepers Shrine, and a Mausoleum Restoration.

### **HERSHEY GARDENS & BUTTERFLIES, LUNCH, & MILTON HERSHEY FOUNDER'S HALL: THURSDAY, AUGUST 24TH**

**Depart 8:15am, Return Approx 3:00pm**

Enjoy the seasonal walk-thru of the Hershey Gardens & Butterflies, have Lunch (on your own) @ the Soda Jerk, and end your day with a self-guided tour of Milton Hershey Founder's Hall. Cost of trip \$35 (Includes Admissions, Rabbit bus & bagged dinner to take home)

### **LOCAL SHOPPING TRIP!: FIRDAY, OCTOBER 13TH (9:00-2PM)**

**Depart 9:00am, Return Approx 2:00pm**

Join us as we make a local shopping day to the Salvation Army and the Community Aid. You'll stop off for Lunch (on your own) at the HiLife Diner. Cost of Trip \$16 (Includes Rabbit & bagged supper).

### **A HEARTFELT "THANK YOU"**

**Donors of food and other goodies are cherished too:** Karn's Foods, Country Meadows, Union (Manchester) Fire Hall, PA Health & Wellness, The Children's Ministry of Otterbein Church, and the Blindsided Soup Kitchen.

**A Sincere "Thank You!"** to MLR Ministries, for taking our homeless mats filled with hygiene items (*dental supplies thanks to PA Health & Fitness*) and helping to clean out are storage garage.

**Special thanks** to Glenn Forry for 25 dozens eggs for our Volunteer Appreciation, Wrap-N-Go Florists for a great deal on our table centerpieces, & Gloria Confer for picking up the rest of the cost.

**Give Local York:** Joy Inch, Pete & Kathy Erdman, Anonymous, Danika Dallam, SAAarchitects, Jay Lewis, Linda Levans, Jennifer Frey, Jill Schaffner (In Memory of Ike Lowe), Joyce Moul, Michael & Gloria Stewart, & Jeffrey Kile.





## OUR SINCERE THANKS TO ALL!

A big **THANK YOU** to all the numerous sponsors, community donors & volunteers of our Annual Gift Card Bingo. This event would not be such a success without your donations for the Gift Cards & door prizes from our local companies. We thank each and every one of you! **Please help us thank our community by patronizing the following community businesses.**

### Gift Card Sponsors:

12th Ward Democratic Assoc.  
Anderson's Service Center  
Beshore & Koller  
Blockhouse  
Brooks Huff Tire & Auto  
Brown's Orchard & Farm Market  
Burger King  
Checker's  
Chuck Krafts Carpets  
Cold Springs Farm & Pet  
Diehl's Funeral Home

Dietz-Nauman Inc.  
First Choice Homebuyers, LLC  
Flo's T-Shirt Shop  
Heart of Sicily  
Homeland at Home  
James Craft & Sons  
Karn's Foods  
Knights of Columbus  
Ladies Aux. VFW Post #2493  
Manchester Hydraulics  
Miller Brown Ohm Associates

MLR Ministries  
MLR Ministries Inc.  
Motor Technology  
Naylor's Candy  
Patricia & Co. Styling Salon  
Quigley Motor Co.  
Ream's Printing Co.  
Rooster Social Club  
Rossville Beer Distributor  
Sans Pareil Eyecare

"Scentsy" by Laura Batton  
Shelly's Subway  
Susquehanna Lions Club  
The Cleanerama  
The Wago Club  
Union Fire Co. #1  
VFW Post #2493  
Wag's Brothers Meats  
York Haven Mini Storage

**The following donated and/or volunteered after the printing of the evenings flyer.** Thank you so very much for all of your help and support. Brenda Albright, Eleanor McCane, Jeannette Allen, Jim Haney, Linda Shuman, Shirley Witmer, Tom & Rita Sipes.

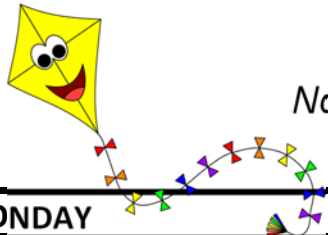
**A Very special THANK YOU to Union Fire Co. #1 for allowing us use of their facility!**

## 1960's Lingo!

I M H  
N E O N O  
A K Q J P K N Y  
W S W Y O R Q C M B  
P R M D R X N W K A A J I N B O R F A U N E Y X  
N H E I A X S E D W T R M J Y I G U S E B I V I U  
E S W D C E W X R J A M M I N O S C A R F A M W B  
A C V B I S R D J E C A E P C I W Q A R N I F A P  
T O P G A R T H G I L K C A L B T D V J R D O I N  
L J G M P A G L T O B L I Z F W W G Z R D B E L L  
K A P U A A T N V S Y S I D U K N R B Y J N P T K  
B E Y X C P B E U D D L A K Y G K S H Q R P D B C  
D H A V B O T T O M S P G Y Q L Z B B M J I D P Y  
Y G Q A O E E F Y S A E V O R A X D V T R Q I  
Q T B E Q B L H P O B O M I A Z T H K T H  
E U H H C A E S R C O L T N F G K X I  
H O C B A B C E P R W M P I R O W  
D R A G B X T S G I M R P A Q  
C F N P R A R T Z L L R V  
N Q Z J L R I A K K Y  
Y F P K T B C C M  
S E N Y I V X  
X Y Z

## WORD BANK

BELL BOTTOMS  
BLACKLIGHT  
EASY RIDER  
BAD  
TRIP  
ELECTRIC  
GO GO  
ALRIGHT  
BAGGIES  
FAR OUT  
THREADS  
GROOVY  
JAMMIN  
KILLER  
AMPED  
HEAVY  
LATER  
PEACE  
SCARF  
VIBES  
AFRO  
BABE  
BAIL  
CATS  
COOL  
DRAG  
LOVE  
MOJO  
NEAT  
BAD  
FAB  
PAD  
RAD



# JULY 2023

Northeastern Senior Center • 717-266-1400 (Mon-Fri 8am-2pm)  
Lunch served at 11:30am



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Card Clubs <b>9:00 Chair Aerobics</b> 9:30 Zen Doodle/Color <b>No Haircuts-See Next Week</b> 10:00 Cornhole 12:15 Art Club 12:15 Members Choice	<b>Center Closed</b> 	8:00 Social Hour/ P&P Games <b>9:00 Massages</b> <b>9:30 Blood Pressures</b> 9:30 Bill Anderson 12:15 Bingo	9:00 Card Clubs 9:00 Iris Paper Folding <b>9:00 Property Tax Rent Rebate</b> <b>10:00 Fitness Class</b> 10:00 Crazy 8's 12:15 Members Choice	8:00 Koffee Klatch <b>8:00 Golfing @ Royal Manchester</b> <b>10:00 Dance Yoga</b> 10:00 Ladder Golf 11:00 Chase's/ Announcements 12:15 Members Choice
9:00 Card Clubs <b>9:00 Chair Aerobics</b> 9:30 Zen Doodle/Color 10:00 Haircuts W/ Missy 10:00 Socrate's Cafe 12:15 Art Club 12:15 Members Choice	<b>NO GENTLE YOGA</b> <b>9:00 Zumba Gold</b> 9:00 **Homeless Mats** 9:00 Dominos 10:00 Brunch Bunch 10:00 Trash <b>12:15 Line Dancing</b>	<b>R&amp;K Sub Orders Due</b> 8:00 Social Hour/ P&P Games 9:30 Bob Reigh Trivia 10:30 JCM Band 12:15 Bingo	<b>10:00 Dutch Apple Trip: "Newsies"</b> <b>7:30 Board Meeting</b> 9:00 Card Clubs <b>9-11 Pop-Up Produce</b> <b>10:00 Fitness Class</b> 10:00 Pass the Pigs 12:15 Members Choice	<b>NO DANCE YOGA</b> 8:00 Koffee Klatch 9:00 Lawn Darts 10:00 Higher or Lower 11:00 Chase's/ Announcements 12:15 Members Choice
9:00 Card Clubs <b>9:00 Chair Aerobics</b> 9:30 Zen Doodle/Color 9:00 Shuffle board <b>10:30 History of Lewisberry</b> 12:15 Art Club 12:15 Members Choice	<b>9:00 Zumba Gold</b> 9:00 **Homeless Mats** 9:00 Uno <b>10:00 Gentle Yoga</b> 10:00 Pokeno 12:15 Members Choice <b>12:15 Line Dancing</b>	<b>R&amp;K SUB ORDERS PICKUP</b> 8:00 Social Hour/ P&P Games <b>9:00 Massages</b> <b>9:30 Sugar &amp; BP Checks</b> 10:00 Jerry Overby 12:15 Bingo	9:00 Card Clubs 9:30 Chapel Time with Pastor Mark <b>10:00 Fitness Class</b> 10:30 Now Ya Got It!...\$2-3 Wrapped Gift Needed! 12:15 Members Choice	8:00 Koffee Klatch <b>8:15 Historic Prospect Hill Cemetery Tour</b> 9:00 Beanbag Poker <b>10:00 Dance Yoga</b> 10:00 Trash card game 11:00 Chase's/ Announcements 12:15 Members Choice
9:00 Card Clubs <b>9:00 Chair Aerobics</b> 9:30 Zen Doodle/Color 10:00 Family Feud w/ Matthew Cleveland 12:15 Art Club	<b>No Zumba Gold</b> 9:00 **Homeless Mats** 9:00 Shuffleboard <b>10:00 Gentle Yoga</b> 10:00 Scategories 12:15 Members Choice	8:00 Social Hour/ P&P Games 9:30 Tall in the Saddle 12:15 Bingo	9:00 Card Clubs <b>9:00 Beltone Hearing</b> <b>9-11 Pop-Up Produce</b> <b>10:00 Fitness Class</b> 10:00 Penny Wheel 12:15 Members Choice	8:00 Koffee Klatch 9:00 Cornhole <b>10:00 Dance Yoga</b> 10:00 Hangman 11:00 Chase's/ Announcements 12:15 Members Choice
9:00 Card Clubs <b>9:00 Chair Aerobics</b> 9:30 Zen Doodle/Color 10:00 Bocce Ball 12:15 Art Club 12:15 Members Choice			<b>JOIN US:</b> ★ Everyday At 8am For Koffee Klatch / P&P Games ★★ Call Us Before 10:00am <b>At Least One (1) Business Day Ahead</b> To Order Meals & Rabbit Bus Transport	



## NASSC

Northeastern Senior Center

131 Center Street  
PO Box 386  
Mount Wolf, PA 17347

(717) 266-1400  
fax (717) 266-8907

Non Profit Org  
U.S. Postage  
PAID  
Permit #784  
YORK, PA  
17402

### CENTER CLOSURES

7/4 Independence Day  
9/4 Labor Day

[seniorstars@nassc.com](mailto:seniorstars@nassc.com)

[www.nassc.org](http://www.nassc.org)

Find us on Facebook!

[NortheasternSeniorCenter](#)

RETURN SERVICE REQUESTED



### DRIVER SAFETY COURSE

**FOR AGES 55 & OLDER**

*Preregistration is required*

*Costs of classes are \$25 or \$20 for AARP Members*

*Lunch is Included!*

**2 Day Course for BEGINNERS:**

**Thursday & Friday, 10/12 & 10/13, 9:00-1:30**

Designed to meet the needs of older drivers covering age-related physical changes, declining perceptual skills, rules of the road, & local driving problems.

**1 Day REFRESHER Course:**

**Thursday, 9/14, 9:00-1:30**

This class is required within 3 years of taking the two-day course (*must show a copy of certificate or proof by insurance carrier*) and revisits the basics of the initial course.

***Class size is limited so call today!*** Upon completion of the course, you may qualify for an automobile insurance discount; contact your personal insurance agent for more details. Note: Both you & spouse on policy have to take this course in order to qualify for a discount.

### OUR WISH LIST

★★ **Building Fund Donations to upgrade our New Home** ★★

★★ Small disposable plates ★★

★★ **Healthy** snacks ★★

★★ 4-ply yarn (*all colors*) ★★

*This newsletter includes the July activity calendar only.* Activity calendars & menus are available prior to the last week of each month at the center or you can download them from our website.